

MONTHLY MENU-September 2019

Milk is served at breakfast and lunch


Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast	Center Closed!	Cereal & Fruit	Bagels w/Cream Cheese & Fruit	Cinnamon Toast & Fruit	Apple Cinnamon Muffins & Fruit
Snack		Vanilla Wafers	Raisins & Graham Crackers	Cheese & Wheat Crackers	Yogurt & Animal Crackers
Lunch		Beefy Rice Bake Carrots Pears	Italian Chicken Bake w/Breadsticks Corn Pineapple	Cheeseburger Macaroni Peas Mandarin Oranges	Deli Roll-up w/Salad Corn Chips/Mixed Veggies Applesauce
Snack	Happy Labor Day!	Goldfish & Fruit Juice	Cheez Its & Fruit Juice	Pretzels & Fruit Juice	Trail Mix & Fruit Juice

Sept 9-13

Breakfast	Cereal & Fruit	French Toast Sticks & Fruit	Biscuits w/Jelly & Fruit	Toast w/Sausage & Fruit	Blueberry Muffins & Fruit
Snack	Chips & Salsa	Vanilla Wafers	Raisins & Graham Crackers	Cheese & Wheat Crackers	Yogurt & Animal Crackers
Lunch	Saucy Meatballs w/Rice Green Beans Peaches	Turkey w/Mashed Potatoes Carrots Pears	English Muffin Pizzas Peas Pineapple	Chicken Chowder w/Corbread Corn Mandarin Oranges	Cheeseburger on Bun Corn Chips/Mixed Veggies Applesauce
Snack	Pretzels & Fruit Juice	Goldfish & Fruit Juice	Cheez Its & Fruit Juice	Pretzels & Fruit Juice	Trail Mix & Fruit Juice

Sept 16-20

Breakfast	Cereal & Fruit	Waffles w/Syrup & Fruit	Yogurt Parfaits & Fruit	Toast w/Jelly & Fruit	Pumpkin Muffins & Fruit
Snack	Chips & Salsa	Vanilla Wafers	Raisins & Graham Crackers	Cheese & Wheat Crackers	Yogurt & Animal Crackers
Lunch	Spaghetti w/Meatsauce Green Beans Peaches	Mac & Cheese w/Smokies Carrots Pears	Chili mac w/Corbread Peas Pineapple	Chicken Enchilada Bake Corn Mandarin Oranges	Sunbutter & Jelly Sandwiches Corn Chips/Mixed Veggies Applesauce
Snack	Pretzels & Fruit Juice	Goldfish & Fruit Juice	Cheez Its & Fruit Juice	Pretzels & Fruit Juice	Trail Mix & Fruit Juice

Sept 23-27

Breakfast	Cereal & Fruit	Pancakes w/Syrup & Fruit	Sausage Biscuits & Fruit	Bagels w/Cream Cheese & Fruit	Banana Muffins & Fruit
Snack	Chips & Salsa	Vanilla Wafers	Raisins & Graham Crackers	Cheese & Wheat Crackers	Yogurt & Animal Crackers
Lunch	Meatloaf w/Mashed Potatoes Green Beans Peaches	Goulash w/Breadsticks Carrots Pears	White Chicken Chili w/Corbread Peas Pineapple	Beef & Cheese Burritos Corn Mandarin Oranges	Deli Sandwich w/Salad Corn Chips/Mixed Veggies Applesauce
Snack	Pretzels & Fruit Juice	Goldfish & Fruit Juice	Cheez Its & Fruit Juice	Pretzels & Fruit Juice	Trail Mix & Fruit Juice

May Contain



DAIRY



EGG



PORK



DYE