

WEEK #7



Weekly Menu

Week of: August 14th

Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast-Served from 7:30-8:30

Milk ●

Milk ●

Milk ●

Milk ●

Milk ●

Oatmeal w/ Blueberries

Toasted English Muffin w/ Sunbutter

Sausage Gravy on a Biscuit

Scrambled Eggs w/ Toast ● ▲ Raisin Bran Cereal

Bananas

Mandarin Oranges

Strawberries

Mangos

Blueberries

Mid-morning Snack

Apple Slices w/ a

Vanilla Yogurt w/ ●

Graham Crackers

Turkey and Cheese ●

Pretzels- downstairs

Slice of Cheese

Granola ●

Graham Crackers

Turkey and Cheese ●

Toasted O's- upstairs

Lunch-Served 11:30-12:00

Milk ●

Milk ●

Milk ●

Milk ●

Milk ●

Beef and Bean Burrito ●

Turkey and Cheese

Beef Pizza on an English

Chicken Parmessan w/

Chicken Nuggets

Salad w/ Ranch ▲ ●

Sandwich ●

Muffin ●

Spaghetti Noodles ●

Mixed Vegetables

Peaches

Carrots

Green Beans

Corn

Mixed Fruit

Afternoon Snack

Apple Slices

Pineapple

Pears

Whole Grain Goldfish

Corn Puffs

Craisins

Bananas

Orange Slices

Whole Grain Cheez Its ●

Raisins and Toasted O's

Spectrum Mix ●

The food items above may contain the following:

Dairy



Egg



Pork



Dyes

