

WEEK #11



Weekly Menu

Week of: March 2nd

Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast-Served from 7:30-8:30

Milk

Milk

Milk

Milk

Milk

Whole Grain Waffles

Egg Patty w/ Cheese

Oatmeal w/ Strawberries

Bagles w/ Sunbutter

Apple Cinnamon Toasted O's

Strawberries

Mandarin Oranges

Blueberries

Pineapple

Applesauce

Mid-morning Snack

Graham Crackers

Strawberry Yogurt

Toasted O's

Cottage Cheese

Whole Grain Cheez Its

Lunch-Served 11:30-12:00

Milk

Milk

Milk

Milk

Milk

Potato Soup w/ Diced Ham

Chicken Patties

Chicken Parmessan w/

Chicken Burrito Bowl

Spectrum Station Turkey

Salad w/ Ranch

Rice Pilaf

Spaghetti Noodles

Corn

Lunchable

Crackers

Bananas

Carrots

Pears

Orange Slices

Mixed Vegetables

Afternoon Snack

Peaches

Pears

Mixed Fruit

Orange Slices

Bananas

Vanilla Wafers

Saltine Crackers w/

Corn Puffs

Raisins

Craisins

Cheese

Spectrum Mix

The food items above may contain the following:

Dairy



Egg



Pork



Dyes

