



# Weekly Menu

Week of: Feb 4th

Monday  
Breakfast-Served from 7:30-8:30

Tuesday

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Wednesday

Thursday

Friday

Milk ●

Milk ●

Milk ●

Milk ●

Milk ●

Whole Grain Pancakes ● ▲

English Muffin w/ Egg and Cheese

▲ Strawberry Muffins ● ▲

Raisin Bran Cereal

Bananas

Apples w/ Cinnamon

Mangos

Pineapple

Mid-morning Snack

Whole Grain Cheez Its ● Pretzels

Garden Veggie Straws

Orange Slices

Carrots w/ Hummus

Lunch-Served 11:30-12:00

Milk ●

Milk ●

Milk ●

Milk ●

Milk ●

Turkey w/ gravy ●

Beef Pizza on an

Open face BBQ Pulled

Sweet and Sour Chicken

Chicken Nuggets

Mashed Potatoes

English Muffin ●

Pork Sandwich ■

Rice

Mixed Vegetables

Corn

Salad w/ Ranch ● ▲

Green Beans

Peas

Mixed Fruit

Mandarin Oranges

Blueberries

Pears

Peaches

Afternoon Snack

Fresh Apple Slices

Graham Crackers

Granola Bars

Cheese and Crackers ●

Spectrum Mix ●

Toasted O's

Craisins

Raisins

The food items above may contain the following:

Dairy ●



Egg ▲



Pork ■



Dyes ◆

