



# Weekly Menu

Week of: Jan 14-18

Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast-Served from 7:30-8:30

Milk ●

Whole Grain Cereal

Fruit

Mid-morning Snack

Milk ●

Bagel w/Cream Cheese

Fruit

Milk ●

Biscuit & Gravy

Fruit

Milk ●

French Toast Sticks

Fruit

Milk ●

Muffins

Fruit

Cheez-its ●

Vanilla Wafers ●

Chips with Salsa

w/Ranch Dressing ●

Pretzels

Lunch-Served 11:30-12:00

Milk ●

Rice Pilaf ●

with chicken

Broccoli

Peaches

Mid-afternoon Snack

Craisins

Graham Crackers

Milk ●

Chicken Nuggets

Mashed Potatoes

Green Beans

Pineapple

Animal Crackers

Graham Crackers

Milk ●

Macaroni & Cheese

with Little Smokies

Corn

Pears

Goldfish

Graham Crackers

Milk ●

Spanish Rice

with Beef Crumbles

Peas

Applesauce

Raisins

Saltine Crackers

Milk ●

Ham & Cheese Sandwich

Carrots

Corn Chips

Mixed Fruit

Trail Mix

Saltine Crackers

The food items above may contain the following:

Dairy ●

Egg ▲

Pork ■

Dyes ◆

